**Oxford University Sports Department – COVID-19 Specific Risk Assessment**

Due to the COVID-19 Pandemic there are a few extra considerations for athletes to take into consideration during their training. The general measures above still apply but further precautions are necessary.

At this point in time the Iffley Road track is not open. Safety investigations are currently underway in preparation for a future re-opening. We will keep members updated on these plans.

No formal OUAC training will be occurring over the next two months due to it being the holidays. However coaches may still be setting training plans and people may be training together informally as part of small groups.

For this reason we have produced a COVID-19 specific risk assessment. The chance of exposure to COVID-19 while training is low if control measures as stated by the government and England Athletics are followed and athletes take due care.

Guidance about how to return to training and stay safe can be found in the link below and different control measures are advised depending on your discipline.

<https://www.englandathletics.org/athletics-and-running/news/guidance-update-step-2/>

If you do train you should be aware that you do so at your own risk. This risk assessment is to remind athletes of the rules and guidance they should follow while training whether alone or as part of a group. It also covers guidance regarding the personal use of OUAC equipment.

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| Hazard | Who/How affected? | Control Measures |
| 1. Exposure to Covid-19 | Athletes | 1. Athletes should follow all government and EA regulations and guidance regarding training at all times. 2. This Risk Assessment and OUAC Club guidance to our members will be updated if and when OUAC club training begins. 3. The rules regarding booking and use of the track at Horspath should be followed by any athletes making use of this facility for individual training. 4. Any athlete who borrows OUAC equipment for personal use must follow EA guidance with regards to cleaning this equipment before it is returned to the club. Equipment can only be borrowed for long term personal use. 5. Athletes should ideally use their own equipment when training. Where shared equipment is used, this must be cleaned before and after use according to the latest guidance. 6. The risk of virus surface transmission is far greater on soft surfaces than hard surfaces; extra care should be taken in cleaning equipment with soft surfaces, e.g. pit covers and jumps beds. 7. The risk of aerosol transmission could be greater in windy conditions and when runners are breathing hard; extra care in social distancing should be taken in these circumstances. 8. Equipment should always be used in sunlight where possible as the latest evidence is that the virus dies within minutes on a surface that is exposed to sunlight. 9. If you are training as part of a group this should always be following the latest government and EA regulations and guidance. 10. Any first aid kit should contain a mask and disposable gloves available to use in an emergency situation where social distancing rules have to be broken. 11. Athletes should carry hand sanitiser to keep their hands and equipment clean.   **Control measure responsibilities:**  Oxford University Athletics Club, Athletes |

Reviewed & Updated Alice Harray, OUAC President 2020-21 and Max Buckley OUAC Secretary 2020-21 on 19/07/2020